

Susan Elle Harmon

Commercial Fitness Model

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Susan's commercial modeling career of more than 10 years has provided her experience in all types of media. With a focus on Fitness Modeling, Susan has appeared in print, television and numerous in person events and promotions.

Profile



Physical Information

Height	5'6"
Weight	125 lbs.
Age Range	30-35
Ethnicity	Caucasian
Eye Color	Green
Hair Color	Blonde
Hair Length	Below Shoulder
Build	Medium

Female Measurements

Dress	6
Bust	34
Cup	C
Waist	26
Hips	35
Top	Small
Shoe	8.5
Glove	Small
Ring	5

Special Characteristics

Fitness Model Build

Commercial | Fitness Modeling

- Istockphoto.com stock, Golden Pixles Photography, Denise Carol Models June 2014
- Ponte Vedra Inn and Club, Fitness Model Shoot, Denise Carol Models, September 2014
- Fanatics Active Wear, Fitness Model Fitting, Denise Carol Models, September 2014
- Sport and Health Club Commercial, Fitness Model, June 2012

Pageants | Fitness Competitions

- Top 10 Miss Maryland Teen USA 1998
- 1st place Venus Swimwear Model Search 2001
- 1st Place Bikini Tall DC Capital Classic 2011 (Fitness America)
- 1st place Fitness Model DC Capital Classic 2011 (Fitness America)
- 1st place OCB Fitness Model Charm City Classic 2011
- 2nd place Bikini Tall WBFF Orlando 2014

Fitness Magazine Features

- Oxygen Future of Fitness October 2012
- 904 Fitness "904's Fittest September 2013
- Indian Fitness Planet Featured Expert
- Featured Blogger Citynet.com
- Gorgo Magazine Contributor 2014

Promotions

- William Grant and Sons, Promotional Model and Event Manager May 2012
- Hertz Rent a Car, Model and Talent, Promotional Model, June 2012
- Infinitrim Promoter, Open House, Jacksonville, Florida, Oct 2012
- Event Promoter, Event Pro Virginia Beach, Virginia, July – September 2007
- Brand Ambassador, US Concepts, May 2006 – Sept 2007
- Promoter, GID Promotions, Virginia Beach, Virginia, June – July 2005

Casting

- Chuck e'Cheese Commercial NYC 2002
- Casting Intern SFT Studios 2003
- MTV Casting Intern NYC 2002

Radio

- Intern, Z104 Top 40 Radio Station, Virginia Beach, Virginia January – May 2007
- Intern and Radio Host, Radio Disney, Virginia Beach, VA, June – August 2006

Education

- Class of 2007 – Graduate – Media Studies – Virginia Wesleyan College, Norfolk, VA.
- School for Film and Television, NY, NY 2004

Computer Skills

- Apple Pages Software
- Adobe In Design Software
- Adobe Photoshop Software
- Avid Video Editing Software
- Pro Tools Audio Editing Software
- Microsoft Word, Excel, PowerPoint, Office

Languages

English, Spanish, Italian